

Outside In Blog instruction sheets To make a Birdfeeder you will need

An empty 1 litre juice or milk carton, clean and dry. Keep the lid and replace when you have dried it!

A short length of bamboo or stick, long enough to stick out of the carton about 100 mm each side
scissors

string about 30cm long

Paint, 3 or 4 colours. Paint mixed with white glue makes it waterproof

Paint brushes, one for each colour makes the job easier

Spare cardboard, can be cereal box card

A hole punch or knitting needle

White glue, PVA

Birdseed

Prepare somewhere to hang the bird-feeder outside when it is finished, a hook or nail on a fence



1. Thoroughly rinse out the milk carton, then cut a small arched doorway on the front of the carton
2. Cut doorways a third of the way up the carton on two opposite sides. They can be square or round, the birds won't mind!
3. Cut a rectangle out of the card just slightly larger than the slanted top or the carton.
4. Fold the card in half along the short side, so it is like a roof. Make two holes in and thread the string through leaving ends under the roof.
5. Before glueing the roof on, unscrew the lid of the carton, tie a length of the string round the opening and glue in place. Replace the lid and pull the string tightly so it is outside everything and make a loop to hang with.
6. Glue the roof on.
7. Paint the outside of the carton and roof. It can be plain or have a pattern, let it dry.
8. While paint and glue is drying, wash the brushes and tidy the paints up.
9. Punch holes with knitting needle in the carton just below the 'doorways'.
10. Push the stick through the holes and through the other side, if it is loose you could glue it in place.
11. Fill the bottom of your bird feeder with bird seed, use a spoon so it doesn't spill too much.
12. Find a place to hang it outside where you can watch the birds from indoors. This could be in your garden or on a balcony or railing nearby. Put it somewhere sheltered if possible and against a fence or wall works well.

Outside activity

Tell a story using your hands, take a picture with your imagination

You might need

Groundsheet or blanket
Notebook or paper
Pencil or crayons
Bird book or identification chart

Find a safe space to sit or lie looking up, using a chair, blanket or groundsheet if you need to.

Stretch your arms up to the sky

Make a frame using your hands

Right hand faces you with the thumb upwards.

Left hand faces away from you with the thumb down

Join thumbs to finger tips and make a rectangle

Stretch your arms out and look through the frame.

What can you see? Is the sun shining, are there clouds?

Are there trees or buildings?

Are there any birds or animals nearby?

Can you name them, or give them names?

If you like drawing you could draw what you see.

How many wings or legs do they have? Do they creep or crawl or fly?

If you have playdough or plasticine you could model the things you see.

You could record how many of each bird, insect or animal there is, what they are and maybe find out the name of the species.

How many wings or legs do they have? Do they creep or crawl or fly? do they make a noise that you can hear?

This could be a regular record keeping exercise, make a diary of what creatures appear each day and at what time. Does it make a difference if the sun is out?

Activity time - as long and as often as it needs to be.

There are many resources on the [RSPB](#) and [Bug Life](#) websites if you want to find out more about the wildlife in your garden or park.

[Learning Through Landscapes](#) has loads more ideas!