

'Making and Sharing, Names' Workshop instructions

'Making and Sharing, Names'

We love to visit and share time with friends and family, especially when life is a bit uncertain and things are hard to express in words.

This workshop is a way of being together while we can't hold workshops in our usual venues, it might help you to think of family members and friends and what you enjoy doing together.

Activities include Writing names, understanding lighting for photography, selecting and choosing objects, temporary installation artwork

Recalling events, understanding and relating to people.

Photography and editing using mobile phone camera

Assistance and loan of a phone may be required for this project.



Materials

Found items from around the house or outdoor spaces. Most of these will be replaced at the end of the making time.

Items could be any of the following.

Tools and materials from a cupboard or workshop, from kitchen or craft area.

Natural materials, plants, leaves or flowers or even fruit and vegetables. Earth, stones or sand.



Tools

A digital phone with camera.

You will need a table or floor area; a plain colour or white background is good to show up the items. Indoors this could be a bed sheet or large piece of paper.





Think of three or four people who you would really like to share some time with. They might be friends or family members.

Write their name on a piece of paper, first name only. You might need to check the spelling.

What items round your house or garden might remind you of the person you have thought of?



What do you like to do when you share time together?

Maybe enjoy a walk or bike ride, share a meal or spend time at a concert or performance together. They might be a sporty person and very competitive.

Do they cook, or like music or drama, gardening or climbing mountains or swimming outdoors? They might really like to spend time choosing new clothes, going to specialist shops.

Write the person's name with your selected items.

Remember to think about the person while you are doing this, what they might make or do with the items you chose and how that makes you feel about them. You can take as long as you like.

Change the selection if it doesn't express the personality as well as you would like.

When you look at what the camera views do all the letters fit on the screen with clear space round?

You may need to raise or lower the phone.

You can edit the photo later on the phone.

When you have photographed all the names

Save the images you like best.

You can also save them on a computer if you have one.

To make a greeting from your photo.

You can use the editing tools on your phone,

Write a message on the photo or write an additional one when you send it.

Something like "I thought about you today, this is what I made"

Or "I miss spending time together with you, I am sharing this with you"

Sharing your artwork

It would be lovely to hear the stories behind the names you chose, if you want to.

I hope you have enjoyed this activity and will come back for more!